



## mhca Bulletin – December 6, 2022

### **MEMBER NEWS**

#### **Highland Rivers To Implement CCBHC Model**

Beginning in January, Highland Rivers will add a new set of letters: CCBHC, or Certified Community Behavioral Health Clinic. And while knowing what those letters stand for is important, understanding what they mean is much more significant.

<https://cobbcountycourier.com/2022/12/highland-rivers-to-implement-ccbhc-model/>

#### **RTD hires its first homeless outreach coordinator to visit stations**

Reynolds is a one-man operation, striking up conversations in eight counties with people camping at train stations or sleeping on buses and trains beyond the end of the route, when passengers are required to exit. He is an employee of **Jefferson Center**, the community mental health center for Jefferson County, which applied to host the RTD grant-funded position. The Denver mental health center, **WellPower**, also has four positions with RTD.

[https://coloradosun.com/2022/11/29/rtd-homeless-outreach-coordinator-camping-stations/?mc\\_cid=91e4f6f4c5&mc\\_eid=7993d46803](https://coloradosun.com/2022/11/29/rtd-homeless-outreach-coordinator-camping-stations/?mc_cid=91e4f6f4c5&mc_eid=7993d46803)

#### **Using recovery management checkups for primary care to improve linkage to alcohol and other drug use treatment: a randomized controlled trial three-month findings**

*Addiction*, a peer-reviewed scientific journal, recently published the findings of research conducted by **Chestnut's** Lighthouse Institute. A randomized controlled trial measured whether combining recovery management checkups (RMC) with screening, brief intervention, and referral to treatment (SBIRT) would improve linkage of primary care patients who were referred to SUD treatment. Read the paper here:

<https://onlinelibrary.wiley.com/doi/epdf/10.1111/add.16064>.

#### **Not all schools use restraint or seclusion practices on students. Here's a look at some alternatives**

Nientimp found himself impressed by the training, and particularly by **Ukeru** data that showed dramatic drops in restraint and seclusion emerging from relatively simple tweaks to the way staff members think about student behavior and react to tense situations. He agreed to pilot the new practices in three Millcreek Township classrooms.

<https://www.darientimes.com/news/article/school-restraint-seclusion-solutions-alternatives-17474960.php>

## **CARTA, Volunteer Behavioral Health partner to increase mental health awareness**

CEO of Volunteer Behavioral Health Phyllis Persinger says people have already noticed the bus and our thankful for its service. "I've already heard from our clients, it's like, you know 'we got to ride the bus, we got to ride the bus. We didn't have to walk. We got to ride the bus in.' This just means something to them."

[https://www.local3news.com/local-news/carta-volunteer-behavioral-health-partner-to-increase-mental-health-awareness/article\\_2fd41b04-702d-11ed-a319-4360e324c4a8.html](https://www.local3news.com/local-news/carta-volunteer-behavioral-health-partner-to-increase-mental-health-awareness/article_2fd41b04-702d-11ed-a319-4360e324c4a8.html)

## **INDUSTRY NEWS**

### **AHA RELEASES TWO NEW CASE STUDIES ON PEDIATRIC BEHAVIORAL HEALTH**

AHA recently released two case studies focusing on behavioral health in young people. "Community Partnerships: Improving Behavioral Health Access for San Diego's Youth" focuses on Rady Children's Hospital in San Diego, which in 2015 set forth a strategic plan to transform mental health by treating the whole child, integrating physical and behavioral health. "Community Partnerships: Improving Behavioral Health Access for Virginia's Youth" examines the initiative put forth by Children's Hospital of the King's Daughters to transform pediatric mental health services through dedication and partnerships.

<https://www.aha.org/news/headline/2022-11-28-aha-releases-two-new-case-studies-pediatric-behavioral-health>

### **Study: More law enforcement agencies turning to 'non-police responders' in mental-health crises**

A recent report found nearly 40 percent of the country's largest law enforcement agencies recently adopted programs that send behavioral health specialists to some emergencies.

<https://www.delmartimes.net/news/story/2022-11-29/study-more-law-enforcement-agencies-turning-to-non-police-responders-in-mental-health-crisis>

### **There's at Least One More Legislative Train' for Behavioral Health Reform to Ride Before 2023**

The final days of the legislative session include several must-move bills, according to experts with the law firm Polsinelli. Combined with a bipartisan interest in behavioral health reform, the environment on the Hill could be favorable to seeing key provisions clearing Congress.

<https://bhbusiness.com/2022/11/29/theres-at-least-one-more-legislative-train-for-behavioral-health-reform-to-ride-before-2023/>

### **As Mental Health Crisis Grows, So Do Health Insurer Behavioral Health Provider Networks**

As the U.S. mental health crisis worsens, the nation's largest health insurance companies are expanding their behavioral health provider networks.

<https://www.forbes.com/sites/brucejapsen/2022/12/01/unitedhealth-and-rival-insurers-expanding-behavioral-health-provider-networks/?sh=9f014c644672>

## **Beyond Mental Health: Talking with Commanders about Environmental and Non-Clinical Drivers of Suicide**

Oftentimes, discussions surrounding suicide prevention focus on mental health services and diagnoses. Despite programmatic efforts to reduce suicide-related behavior in the military, the rates remain stagnant.<sup>1</sup> In response, the Department of Defense is looking towards more comprehensive prevention efforts. In regards to those efforts, one important consideration is that many service members die by suicide without being diagnosed with mental illness or interacting with mental health services.

<https://www.health.mil/Military-Health-Topics/Centers-of-Excellence/Psychological-Health-Center-of-Excellence/Clinicians-Corner-Blog/Beyond-Mental-Health-Talking-with-Commanders-about-Environmental-and-Non-Clinical-Drivers-of-Suicide>

## **BUSINESS NEWS & LEADERSHIP ARTICLES**

### **When Someone Asks Your Opinion, Give It**

Many of us intentionally withhold our preferences in an attempt to appear easygoing and amiable. Especially in a workplace context, we may assume that being less opinionated can help us make a good impression on our peers, employees, or managers. But through three large-scale research projects that explored a wide range of interpersonal situations with a total of more than 7,000 participants, we found that failing to weigh in can actually make you seem less likable and harm your relationships.

<https://hbr.org/2022/12/when-someone-asks-your-opinion-give-it>

### **How to make corporate mindfulness more than a leadership cliché**

As cliché as it sounds, wellness programs aren't working and aren't making up for top-down management failures, while the mindfulness of managers toward employees' needs and desires simply isn't adequate.

[https://corp.smartbrief.com/original/2022/11/how-to-make-corporate-mindfulness-more-than-a-leadership-cliche?utm\\_term=EFB52392-F1D7-42F3-93F4-7097B463179E&utm\\_campaign=77F8DA5B-9982-431B-9E20-444163A3CF79&utm\\_content=1B54AB34-11AC-49E0-B076-9D48A5EFA660&utm\\_source=brief](https://corp.smartbrief.com/original/2022/11/how-to-make-corporate-mindfulness-more-than-a-leadership-cliche?utm_term=EFB52392-F1D7-42F3-93F4-7097B463179E&utm_campaign=77F8DA5B-9982-431B-9E20-444163A3CF79&utm_content=1B54AB34-11AC-49E0-B076-9D48A5EFA660&utm_source=brief)

### **Why “Feedforward” Works Better Than Feedback**

“Feedforward,” as the name implies, is essentially a managerial conversation that focuses on suggestions for the future rather than on a critical assessment of the past. It feels less like you're just telling them what they did wrong but reframes it as what they can do differently in the future.

<https://texasceomagazine.com/why-feedforward-works-better-than-feedback/>

*Past issues of this publication are available online at: <https://mhca.com/about-us/member-news>*

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