



mhca Bulletin – October 28, 2022

MEMBER NEWS

Sound Opens New Location in Bellevue

After years of planning, one of King County's largest behavioral healthcare providers, Sound, announced the opening of its new Bellevue location, at 13555 Bel-Red Road, Bellevue, WA 98005. The new facility, which opened officially on Sept 26, is 10,000 square feet and features 25 treatment rooms. Sound will serve adults, children and families out of the new location.

<https://www.sound.health/blog/2022/10/05/sound-opens-new-location-in-bellevue/>

LifeSkills launches co-response crisis program

"I'm excited to announce that after all of our research and observations, LifeSkills now has its very first co-response therapist," Watts said. "She went out on her first ride-along yesterday. We've seen how well this officer/therapist partnership can work, and we've witnessed how extremely helpful it can be to the community and to law enforcement officers. We certainly hope to grow this program in time."

https://www.bgdailynews.com/community/lifeskills-launches-co-response-crisis-program/article_6fff1141-6dac-5a47-aae4-64ea294884c0.html

Monarch hires new EVP, CFO

Monarch, a statewide provider of services for those with mental illness, substance use disorders, intellectual and developmental disabilities and traumatic brain injuries, has a new executive vice president and chief financial officer. Tammy Geis of Waxhaw joined Monarch Sept. 12.

<https://www.thesnaponline.com/2022/10/19/monarch-hires-new-evp-cfo/>

New Vista Recognizes 50 Years of Service at Oakwood Intermediate Care Facility

"Since New Vista began operating Oakwood in 2006, I have seen tremendous strides toward becoming a center of excellence that provides not only exceptional care to the people who live there, but also provides support to the community through their specialty clinic and by sharing their expertise with other community agencies," said Wendy Morris, commissioner of the Department for Behavioral Health, Developmental

and Intellectual Disabilities.

<https://newvista.org/sites/default/files/Oakwood-50-Years-of-Services-Press-Release.pdf>

INDUSTRY NEWS

Daixin Team targets health organizations with ransomware, US agencies warn

https://mhca.com/index.php?option=com_civicrm&task=civicrm/mailling/view&id=1487&reset=1

CISA, the FBI, and the Department of Health and Human Services (HHS) warned that the Daixin Team cybercrime group is actively targeting U.S. businesses, mainly in the Healthcare and Public Health (HPH) Sector, with ransomware operations.

<https://securityaffairs.co/wordpress/137493/cyber-crime/daixin-team-targets-healthcare.html>

Untapped Behavioral Health Opportunity

Behavioral health services are a common need for older adults living in senior living communities. For example, in both assisted living and memory care, almost three-fourths of residents have behavioral health needs. About 64% of residents in majority independent living communities had behavioral health needs, while a little more than half of CCRC residents have the same needs.

<https://seniorhousingnews.com/2022/09/14/average-assisted-living-resident-manages-more-than-14-chronic-conditions/>

BUSINESS NEWS & LEADERSHIP ARTICLES

Leadership Lessons from Liz Truss's Downfall

In Kraemer's view, there are four dimensions to values-based leadership—self-reflection, a balanced perspective, true self-confidence, and genuine humility. He sees Truss failing as a leader along each of these dimensions and believes other leaders can learn from her mistakes.

<https://insight.kellogg.northwestern.edu/article/leadership-lessons-values>

The ladder of “No”

Essentially, every idea an employee has needs resources in order to be turned into an innovation project. Resources like money, a team and time away from an employee's other duties. And often, it is not clear who is allowed to allocate these resources. It is not clear who can give a “Yes” to the employee.

<https://www.ideatovalue.com/inno/nickskillicorn/2022/10/the-ladder-of-no/>

Six Steps to Help You Handle Challenging Employee Behavior

As soon as you notice a pattern of inaccurate or unhelpful behavior, try these approaches, which are most relevant at the onset of trouble, not when you've been avoiding the problem—or trying to correct it unsuccessfully—for a long time.

<https://lizkislik.com/advice-in-six-steps-to-help-you-handle-the-challenge-of-behavior-change/>

Past issues of this publication are available online at: <https://mhca.com/about-us/member-news>

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