



## Bi-Weekly Bulletin for May 28, 2020

### MEMBER NEWS

#### **Maine providers see anxiety, depression, suicidal thoughts increase**

"I'm critically aware that there's a radical increase in the amount of anxiety and depression overall that folks are experiencing," said Catherine Ryder, chief executive officer of **Tri-County Mental Health Services**, a mental health agency in Lewiston.

<https://wgme.com/news/local/maine-providers-see-anxiety-depression-suicidal-thoughts-increase>

#### **Telehealth use for behavioral health is climbing: What to expect**

AllHealth Network says most behavioral health can be delivered effectively and efficiently via telehealth, and for many, it feels more flexible and efficient. There is no commute time, no searching for parking, and no time in the waiting room.

<https://www.bizjournals.com/denver/news/2020/05/22/telehealth-use-for-behavioral-health-climbing-wha.html>

### INDUSTRY NEWS

#### **How healthcare organizations can combat cyberattacks during the coronavirus**

Cybercriminals tend to follow the money, which is why they so often hit large corporations and major businesses with ransomware and malware. But healthcare organizations can also be lucrative targets as criminals are aware of the value of patient information and medical data on the dark web.

<https://www.techrepublic.com/article/how-healthcare-organizations-can-combat-cyberattacks-during-the-coronavirus/>

### BUSINESS NEWS & LEADERSHIP ARTICLES

#### **Managing the aftermath: How diverse employees experience the pandemic**

As employees return to their normal work locations or even continue to work remotely, leaders need to keep in mind that this pandemic has caused us all to be in the same storm, but we are certainly not sharing the same boat.

[https://www.smartbrief.com/original/2020/05/managing-aftermath-how-diverse-employees-experience-pandemic?utm\\_source=brief](https://www.smartbrief.com/original/2020/05/managing-aftermath-how-diverse-employees-experience-pandemic?utm_source=brief)

## Fighting the COVID Blues: Advice from Business Research

Pandemic uncertainty doesn't have to spell doom. Happiness experts at Harvard Business School offer these research-based strategies for managing stress.

<https://hbswk.hbs.edu/item/fighting-the-covid-blues-advice-from-business-research>

Past issues of this publication are available online at: <https://mhca.com/about-us/member-news>

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