

## Bi-Weekly Bulletin for December 12, 2019

### MEMBER NEWS

#### Burden named Board Chair of Indiana Council

**Porter-Starke Services** President/CEO, Matthew J. Burden, Ph.D., was recently named Board Chair of the Indiana Council of Community Mental Health Centers (Indiana Council) the only membership organization in Indiana dedicated to serving community-based mental health providers throughout the state.

[https://www.heraldargus.com/news/local/business/burden-named-board-chair-of-indiana-council/article\\_5054a0c2-0c90-5979-ab49-c51573afc31d.html](https://www.heraldargus.com/news/local/business/burden-named-board-chair-of-indiana-council/article_5054a0c2-0c90-5979-ab49-c51573afc31d.html)

#### Crain's Detroit Business: Hope Network expands on east side of state

Grand Rapids-based Hope Network, one of the state's largest nonprofits, has acquired St. Clair Shores-based Homes of Opportunity Inc. as part of a larger strategy to expand its multifaceted health and social services programs on the east side of the state.

[https://hopenetwork.org/about-corporate/craains-detroit-business-hope-network-one-of-michigans-biggest-nonprofits-expands-on-east-side-of-state/?fbclid=IwAR1Nz7sfRGwrmeUEIjZOs\\_MUjQa54Jj0WoC5pfkcJ0wP3U5bF9btVESpTI](https://hopenetwork.org/about-corporate/craains-detroit-business-hope-network-one-of-michigans-biggest-nonprofits-expands-on-east-side-of-state/?fbclid=IwAR1Nz7sfRGwrmeUEIjZOs_MUjQa54Jj0WoC5pfkcJ0wP3U5bF9btVESpTI)

#### Prioritizing Innovation: It's About Discipline & Thinking Creatively To Solve Challenges

To make innovation the rule rather than the exception, prioritizing and budgeting for innovation is essential. That's the message from Carl Clark, M.D., chief executive officer of the **Mental Health Center of Denver**, who is recognized for bringing innovation to the market.

<https://www.openminds.com/market-intelligence/executive-briefings/prioritizing-innovation-its-about-discipline-thinking-creatively-to-solve-challenges/>

#### Mental health-related ED visits among kids on the rise in Colorado

"The ER really doesn't do anything for people with behavioral health issues. If we can get to them before they get to the point of needing an emergency room, we're doing our job. If they get to the emergency room, we've missed something," said Rick Doucet, CEO of **Community Reach Center**, a prominent mental health provider in Colorado.

<https://www.modernhealthcare.com/hospitals/mental-health-related-ed-visits-among-kids-rise-colorado>

#### LifeStream to open assessment facility in Citrus County

LifeStream Behavioral Center is now renovating two units in Regina Plaza in Beverly Hills that will be staffed around the clock to assess potential Baker Act patients.

[https://www.chronicleonline.com/opinion/editorials/county-not-yet-where-it-should-be-on-mental-health/article\\_a8ead7f4-1071-11ea-b8e7-5f02ea04ff37.html](https://www.chronicleonline.com/opinion/editorials/county-not-yet-where-it-should-be-on-mental-health/article_a8ead7f4-1071-11ea-b8e7-5f02ea04ff37.html)

#### Helen Ross McNabb Center opening behavioral health center in Oak Ridge

The center is located at 100 Adams Lane in Oak Ridge. It will serve those in Anderson County and surrounding areas.

<https://www.wate.com/news/helen-ross-mcnabb-center-opening-behavioral-health-center-in-oak-ridge/>

#### Crisis Stabilization Groundbreaking Ceremony

**Henderson Behavioral Health** has recently broken ground on a new Crisis Stabilization Unit (CSU) that will open in 2020. Currently Henderson operates a 23-bed unit and the new CSU will have 48 beds which will be dually-licensed for adults and youth as well as addiction beds.

<https://www.hendersonbh.org/news-items/crisis-stabilization-groundbreaking-ceremony/>

#### Centerstone Comics "Spark" Conversations about Top Teen Issues

Zap! Crunch! Pow! Centerstone, a national leader in behavioral health care, has released its sixth superhero comic book for students: Spark and the Dangerous Switch. In the series' latest installment, teen superhero Spark addresses the dangers of opioids and prescription drug misuse.

[https://www.valdostadailytimes.com/news/business/centerstone-comics-spark-conversations-about-top-teen-issues/article\\_c3d14aa4-82f2-5f0f-b82e-6581fb78cea5.html](https://www.valdostadailytimes.com/news/business/centerstone-comics-spark-conversations-about-top-teen-issues/article_c3d14aa4-82f2-5f0f-b82e-6581fb78cea5.html)

#### Local police officer honored for helping woman during mental health crisis

Welsh connected with a **Burrell Behavioral Health** Crisis worker through an Ipad.

<https://www.ozarksfirst.com/local-news/local-news-local-news/local-police-officer-honored-for-helping-woman-during-mental-health-crisis/>

### **Dealing with loss during holidays: Two mental health professionals share their advice**

Wanda Holloway, a licensed counselor and administrated supervisor with **Burrell Behavioral Health**, said it is important to prepare for the holidays and think of ways to bring memories of the loved one into it.

<https://www.news-leader.com/story/news/local/ozarks/2019/11/27/mental-health-professionals-share-advice-grieving-holidays-thanksgiving/4261516002/>

### **Alton legislator to host addiction roundtable**

To help keep community members informed about services and the ongoing crisis surrounding mental health and addiction issues, state Rep. Monica Bristow (D-Alton) will be hosting a Mental Health Round Table on Dec. 5 with state Rep. Katie Stuart (D-Edwardsville), state Sen. Rachelle Crowe (D-Glen Carbon) and **Chestnut Health Systems** to discuss the effects of substance use on their family and loved ones.

<https://advantagenews.com/news/alton-legislator-to-host-addiction-roundtable/>

## **INDUSTRY NEWS**

### **Black, Latino children do better with evidence-based therapy than talk therapy**

trauma-Focused Cognitive Behavioral Therapy is considered "evidence-based" because research shows its effectiveness, proceeds in a structured way that differs from what clinicians consider "treatment as usual." It includes strategies for each therapy session, often with a projected timeframe, and requires regular assessments to evaluate whether a patient is improving.

<https://ctmirror.org/2019/11/29/black-latino-children-do-better-with-evidence-based-therapy-than-talk-therapy/>

### **The Brave New World of Procedural Psychiatry**

It is becoming increasingly clear that the practice of psychiatry will be changing from one in which we ask our patients to take a daily pill to one where we deliver procedures that have enduring effects.

<https://www.psychcongress.com/article/brave-new-world-procedural-psychiatry>

### **Social Networks Move into Behavioral Health**

Today, social media is the biggest outlet for people to seek support groups and like-minded individuals. But, sometimes those 'support groups' and like-minded people are doing more harm than good.

<https://www.managedhealthcareexecutive.com/news/social-networks-move-behavioral-health>

### **3 must-do's for the move to value-based care**

The U.S. health care system is moving toward value-based care, but a consensus on how to define and measure "value" in health care has proven to be elusive. Participants in an AMA-convened panel all had their own ideas on that question, but common themes emerged on how physicians and the health care system can move ahead.

<https://www.ama-assn.org/practice-management/payment-delivery-models/3-must-do-s-move-value-based-care>

### **Yoga Improves Symptoms in Study Participants With MDD**

At both lower and higher doses, a yoga and breathing intervention improved symptoms of depression and anxiety in a group of people with major depressive disorder (MDD), according to a study published recently in the Journal of Psychiatric Practice.

<https://www.psychcongress.com/node/324583>

### **What You Need to Know About Products Containing Cannabis or Cannabis-derived Compounds**

Other than one prescription drug product to treat two rare, severe forms of epilepsy, the U.S. Food and Drug Administration (FDA) has not approved any other CBD products, and there is very limited available information about CBD, including about its effects on the body.

[https://www.fda.gov/consumers/consumer-updates/what-you-need-know-and-what-were-working-find-out-about-products-containing-cannabis-or-cannabis?mkt\\_tok=eyJpJjoiTldOalpqUmpNamt3Tm9NMylsluQlOiJ5a05nWHhPTkluZkREWTdBZ20rMHZzeFJ2eFpLMU1yRmk0Q1c0cVwwRFpsWGQwT3pyNINIVFA0VHIUQWpsRk](https://www.fda.gov/consumers/consumer-updates/what-you-need-know-and-what-were-working-find-out-about-products-containing-cannabis-or-cannabis?mkt_tok=eyJpJjoiTldOalpqUmpNamt3Tm9NMylsluQlOiJ5a05nWHhPTkluZkREWTdBZ20rMHZzeFJ2eFpLMU1yRmk0Q1c0cVwwRFpsWGQwT3pyNINIVFA0VHIUQWpsRk)

## **BUSINESS NEWS & LEADERSHIP ARTICLES**

### **Do You Use Questions as an Interrogator or Explorer?**

Every encounter with someone on your team offers a chance to create value, promote learning and growth, and encourage development. Or not.

<https://artpetty.com/2019/12/01/management-style-explorer/>

### **Global AI Survey: AI proves its worth, but few scale impact**

Most companies report measurable benefits from AI where it has been deployed; however, much work remains to scale impact, manage risks, and retrain the workforce. A group of high performers shows the way.

<https://www.mckinsey.com/featured-insights/artificial-intelligence/global-ai-survey-ai-proves-its-worth-but-few-scale-impact?cid=other-emi-nsi-mip-mck&hlkid=6bc5fa92a4f84f35ab26ca92f47dd079&hctky=9848910&hdpid=bf3ea65f-cecc-4a66-b4ad-0a4a6f811d5a>

### **Getting to scale with artificial intelligence (podcast)**

Companies adopting AI across the organization are investing as much in people and processes as in technology.

<https://www.mckinsey.com/business-functions/mckinsey-digital/our-insights/getting-to-scale-with-artificial-intelligence?cid=other-emi-nsi-mip-mck&hlkid=a8bf17da2263497e8a27301e2bdbbd0a&hctky=9848910&hdpid=bf3ea65f-cecc-4a66-b4ad-0a4a6f811d5a>

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