



## mhca News Bulletin

### **MEMBER NEWS**

#### **New playbook addresses shortage of mental and behavioral health workers in Indiana**

Led by the Indiana University School of Medicine's Bowen Center and made possible with a \$515,005 grant from Lilly Endowment Inc., "The Playbook for Enhancing Indiana's Mental and Behavioral Health Workforce" presents an overview of Indiana's post-secondary education pipeline environment, while also setting forth recommendations to strengthen the pipeline to independent practice for the mental and behavioral health workforce moving forward.

<https://news.iu.edu/live/news/37814-new-playbook-addresses-shortage-of-mental-and>

#### **Burrell Behavioral Health puts on "One Concert to Save a Life" in honor of Suicide Prevention Month**

Saturday hit home for many, even organizers calling suicide a heartbreaking loss. Turning suicide prevention into a priority and passion. "Part of the reason for that is because I have lost loved ones to suicide. I lost my mom, I lost my sister, I lost my sister's stepdaughter," said Jeanne Coburn with Burrell Behavioral Health.

<https://www.ky3.com/2024/09/08/burrell-behavioral-health-puts-one-concert-save-life-honor-suicide-prevention-month/>

#### **Certified peer specialists at Burrell Behavioral Health offer help to 988 callers who are considered to be low or no risk**

Certified peer specialists are people with lived experience. One peer specialist at Burrell is Sam Glaubitz. She's part of the mobile crisis team and is on the schizophrenic spectrum.

<https://www.ksmu.org/news/2024-09-06/certified-peer-specialists-at-burrell-behavioral-health-offer-help-to-988-callers-who-are-considered-to-be-low-or-no-risk>

#### **NextGen Healthcare and Mental Health Corporations of America Launch Center of Innovation to Empower Behavioral Health Organizations**

Leading Healthtech Company and Esteemed Behavioral Health Association Unveil New Platform for Elevating Standards of Care Delivery

<https://www.businesswire.com/news/home/20240725448536/en/NextGen-Healthcare-and-Mental-Health-Corporations-of-America-Launch-Center-of-Innovation-to-Empower-Behavioral-Health-Organizations>

### **LifeSkills, Caverna school district partner for suicide prevention grant**

According to LifeSkills Children's Services Clinical Director, Katie Hopper, "School districts have some flexibility regarding which program they use, but we've been hearing that some school districts have already completed their first round of the program."

[https://www.bgdailynews.com/lifeskills-caverna-school-district-partner-for-suicide-prevention-grant/article\\_5cfeaa99-3a73-5557-ac23-8d1f14f7d346.html](https://www.bgdailynews.com/lifeskills-caverna-school-district-partner-for-suicide-prevention-grant/article_5cfeaa99-3a73-5557-ac23-8d1f14f7d346.html)

### **Wasatch Behavioral Health working to prevent suicide**

"Our two major crisis services we have are our Mobile Crisis Outreach Team and the Receiving Center, which are both services available 24/7," said Laura Oaks, program manager. "Both services are also at no cost to the consumer. I think utilizing a service that has a cost to it while in crisis and having to deal with the bills that come in afterward can, at times, lead to increased crises for people."

<https://www.heraldextra.com/news/2024/sep/29/wasatch-behavioral-health-working-to-prevent-suicide/>

### **Burrell Behavioral Health on the Fentanyl Crisis**

A wide variety of services are available for those seeking help with recovery.

<https://www.youtube.com/watch?v=K1BXaPOac2M>

## **INDUSTRY NEWS**

### **Private equity is flying to behavioral health. What's up with that?**

A cautionary tale. Steward Health Care, a Massachusetts-based health system, struggled to stay afloat after its PE investor Cerberus Capital Management exited in 2020. Cerberus made \$800 million off the health system, the Boston Globe reported in April.

<https://www.healthcare-brew.com/stories/2024/06/18/private-equity-is-flying-to-behavioral-health-what-s-up-with-that>

## **Mental health jobs will grow 3 times the rate of all US jobs over the next decade**

Approximately 122 million Americans who live in areas where there is a scarcity of mental health professionals, according to a 2021 analysis by USA Facts. Rural areas are particularly vulnerable, with Wyoming and Utah leading for the highest proportion of people without access to mental health providers.

<https://theatlantavoice.com/mental-health-care-jobs-demand-growth/>

## **BUSINESS NEWS & LEADERSHIP ARTICLES**

### **Leadership Lessons from Riding Roller Coasters at Hershey Park in Pennsylvania**

Maybe being out of our normal spaces allows us to be more reflective. Or maybe our human nature looks for connections, and when we have new experiences away from our normal routine, our brains are always trying to connect the new to what is already established. Which is exactly what reflection is all about.

[https://www.smartbrief.com/original/on-the-roller-coaster-of-life?utm\\_term=EFB52392-F1D7-42F3-93F4-7097B463179E&utm\\_content=242D9C97-A741-42BE-89E8-E4F1DDE2D2C4&utm\\_source=brief](https://www.smartbrief.com/original/on-the-roller-coaster-of-life?utm_term=EFB52392-F1D7-42F3-93F4-7097B463179E&utm_content=242D9C97-A741-42BE-89E8-E4F1DDE2D2C4&utm_source=brief)

### **The loneliest job? How top CEOs manage dilemmas and vulnerability**

This article consolidates insights from around 100 senior leaders on five common dilemmas that complicate their ability to lead in the face of competing priorities.

<https://www.mckinsey.com/featured-insights/future-of-asia/the-loneliest-job-how-top-ceos-manage-dilemmas-and-vulnerability?stcr=39617FE023D8444F8B2893594E136BE8&cid=other-eml-nsl-mip-mck&hlkid=234e64c883064fd0a687b23a4be40807&hctky=9848910&hdpid=06928f76-40e1-4da8-bf42-517b93142c52>

### **How innovation can accelerate industry momentum**

Sparking a new surge of growth through innovation can benefit an entire industry, but those who light the spark tend to gain the biggest rewards.

<https://www.mckinsey.com/capabilities/strategy-and-corporate-finance/our-insights/how-innovation-can-accelerate-industry-momentum?stcr=83035DE1F0E7436FBDF61A9B25A017A8&cid=other-eml-nsl-mip-mck&hlkid=e61716d03bbf471e8b9ac323e15c3b6e&hctky=9848910&hdpid=06928f76-40e1-4da8-bf42-517b93142c52>

## How to be an effective leader while constantly on the go

Work trips are ideal opportunities to strike that balance between being a hands-on leader and living by the rule that if you can find someone who can do the job 75% as well as you can, then it's worth delegating. There's a lot we can learn from taking a step back and immersing ourselves in a new space with the intention of prioritizing mental well-being before burnout rolls around.

<https://newsletter.smartbrief.com/uyd/editProfile.action?t1=81187242&t2=https%3A%2F%2Fwww.smartbrief.com%2Foriginal%2Fhow-to-be-an-effective-leader-while-constantly-on-the-go>

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