



mhca Bulletin – April 28, 2022

MEMBER NEWS

Federal Way man named CFO of Sound Behavioral Healthcare

Behavioral health provider Sound announced Mike De Luca, of Federal Way, as its new chief financial officer after a nationwide, four-month search.

<https://www.federalwaymirror.com/news/federal-way-man-named-cfo-of-sound-behavioral-healthcare/>

What is Perfection? Unpacking the Desire to be Perfect

Unpacking Perfect: Stories of Colorado Mental Wellness is a series about the human chase for perfection being produced by 9NEWS in partnership with **Aurora Mental Health Center**, a Certified Community Behavioral Health Clinic. The sponsored series is about self-worth, and both the comforts and perils of comparison.

<https://www.9news.com/article/news/health/mental-health/unpacking-perfect/unpacking-perfect-colorado-mental-wellness/73-9ed1ef91-59de-4e09-a5ac-5e1a7db95e44>

Community Employment Services to receive International achievement award

Bridgeway was nominated for this award by the Illinois IPS Training team through the Illinois Department of Human Services, Division of Mental Health. Bridgeway's Community Employment Services team has been very successful using the IPS Model, with 22 job starts in fiscal year 2020 and 28 job starts already for this fiscal year.

<https://www.mcdonoughvoice.com/story/news/local/2022/04/13/bridgeway-receiving-international-achievement-award/7303368001/>

A Brighter Tomorrow: Columbia organizations address mental health while helping unhoused individuals

Compass Health, Burrell Behavioral Health, Phoenix and New Horizons all work with shelters to provide mental health resources for those experiencing homelessness. That can include providing visits from social workers, conflict-resolution services and referrals for outside treatment.

https://www.komu.com/abrightertomorrow/a-brighter-tomorrow-columbia-organizations-address-mental-health-while-helping-unhoused-individuals/article_2114ae96-b69a-11ec-999d-1fb20f4c13ac.html

RiverValley Behavioral Health receives \$246K grant

RiverValley Behavioral Health will receive \$246,800 to implement a recovery house dedicated to women in recovery. "It helps with our plans to improve access to substance abuse treatment and to increase our capacity to offer different types of substance abuse treatment varieties," CEO Dr. Wanda Figueroa said.

https://www.messenger-inquirer.com/news/rivervalley-behavioral-health-receives-246k-grant/article_7d2217f0-0624-5f6b-b537-d7dbcc5f510e.html

Peace River Center Names William Sadowsky as Organization's New Medical Director

"Dr. Sadowsky is a productive team leader with more than 20 years of medical experience. He thinks logically, values creativity, and genuinely cares about people. We are fortunate to have Dr. Sadowsky stepping into this leadership role as Peace River continues to improve and expand services across Polk, Highlands and Hardee counties," said Bill Gardam, CEO of Peace River Center.

<https://www.peacerivercenter.org/new-med-director/>

Peace River Center Hosts Mental Health Matters Panels to Increase Awareness

The series of panel discussions are aimed at educating and equipping the community with resources to address mental health issues. A moderator will lead subject-matter experts through key issues and then take audience questions. The sessions take place throughout May and include Mental Health and Youth on May 3, Trauma and the Pandemic on May 19, and Mental Health and the Workplace on May 24. All sessions begin promptly at 8:30 a.m. and breakfast is provided for in-person attendees.

<https://www.peacerivercenter.org/mhm-2022-series/>

INDUSTRY NEWS

Survey: Executives Support Measurement-Based Care, but Few Use It

While behavioral healthcare executives strongly support the use of measurement-based care, just 16% are using it and 33% characterized their organizations as "very familiar" or "extremely familiar" with the practice, according to a study released on Monday. Behavioral health tech firm Owl, in partnership with **mhca**, a national association of behavioral health executives, conducted a survey of nearly 100 community mental health center executives from across the US.

<https://www.hmpgloballearningnetwork.com/site/bhe/news/survey-executives-support-measurement-based-care-few-use-it?hmpid=ZHNocmV2ZUBtaGNhLmNvbQ==>

Healthcare Workers Moving to Gig Work in Record Numbers

Our survey illuminated an alternative path forward for smart and self-reflective leaders who are willing to address the core issues that matter most to this workforce. This requires abandoning the traditional HR-centric approach in favor of shifting an organization's culture and strategy to reflect the new realities of today's workforce. Organizations that transform care delivery, build flexibility into formerly rigid jobs, and demonstrate a clear investment into the emotional well-being of their employees will be the ones that successfully build back better.

https://health.oliverwyman.com/2022/03/healthcare-workers-moving-to-gig-work-in-record-numbers.html?utm_source=exacttarget&utm_medium=email&utm_campaign=owhealth-newsletter&utm_content=20-apr-2022

BUSINESS NEWS & LEADERSHIP ARTICLES

Why the 7S model could help your organization align

A modern reimagining of the 7S model, famously used by McKinsey, is centered on senior executives, who must "make sure all the other S-Factors are aligned with and support the company's strategy," writes Paul Thornton. Alignment is a primary goal, and Thornton offers several questions for checking on alignment and keeping change initiatives on task.

https://corp.smartbrief.com/original/2022/04/why-the-7s-model-could-help-your-organization-align?utm_source=brief

The stay interview – or retention review

If you collect information and ideas from your staff about what you can do to improve their work experience and recognize them for the efforts, they have every reason to expect some action on your part. As a health care executive told us during an interview for our new book on leadership: In a time of crisis, "when people told us what we could do to help, we made sure to get it done or tell them why it was not possible."

https://corp.smartbrief.com/original/2022/04/lets-call-it-a-retention-review?utm_source=brief

Make Career Conversations a Regular Agenda Item in One-on-Ones

Career development is about the employee experience. It's about the leader learning what's important to the individual on a very personal level and discovering their strengths. It's about understanding that people are happiest when they are growing and when they are respected for their skills and strengths. When leaders recognize what's personally important to the individual, the individual's performance improves. Every employee wants to use their strengths through the course of the day. It feeds and energizes them. It helps them feel good about who they are and what they contribute.

<https://leaderchat.org/2022/04/14/make-career-conversations-a-regular-agenda-item-in-one-on-ones/>

Past issues of this publication are available online at: <https://mhca.com/about-us/member-news>

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love to hear all about it and link to the news on your website! If you can't wait to read the latest news, follow [@mhca](#) on Twitter where we post these articles and many others daily.

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