



Bi-Weekly Bulletin for September 17, 2020

MEMBER NEWS

Mental-health crisis grows as COVID-19 crisis continues | Commentary By Babette Hankey, president/CEO of Aspire Health Partners in Orlando

During this unique moment in history, as our society and economy have slowed down, many have been left feeling powerless and uncertain about their physical health and financial wellbeing as well as that of their loved ones.

https://www.orlandosentinel.com/opinion/guest-commentary/os-op-coronavirus-mental-trauma-aspire-health-20200914-xw7kcjahvbfrlgcd2s4bmvmzsi-story.html?fbclid=IwAR1YmJlcT5FWSbZjRXU_T-EzUmmz54yDs8UZp9RG1XQ7_hogKjDAzw6XYoA

Many of us are feeling lost and lonely, even contemplating suicide

Alice Nichols from **Sound** spoke with KING-TV to discuss the NAMI Walks, Suicide Awareness Month and to share insights with our community about the warning signs for people in distress.

<https://www.king5.com/video/life/wellness/suicide-awareness-family-depression-prevention/281-2a256703-bcd1-4db0-8cca-3a29b52b3d9b>

Local health outlets working to help prevent youth suicide amid online learning

Sara Wilson with **Burrell Behavioral Health** says suicide is the second leading cause of death among people ages 10 to 24. "With the devastating impact of the pandemic there's even more reason to be concerned and alarmed about that," Wilson said.

<https://www.ozarksfirst.com/top-stories/local-health-outlets-working-to-help-prevent-youth-suicide-amid-online-learning/>

Springfield Public Schools and Burrell Behavioral Health partner to provide students with mental health resources

Burrell currently has 41 clinicians serving Springfield students this fall. The 2018-2019 school year had 11.

"We're getting better at recognizing and identifying the needs of students and decreasing that stigma to where it becomes more normal to seek those sorts of help supports when you need them," Burrell's director of school based services, Amy Hill, says.

<https://www.ky3.com/2020/09/11/springfield-public-schools-and-burrell-behavioral-health-partner-to-provide-students-with-mental-health-resources/>

Ocean MHS Launches Ocean Integrated Trauma Center

Ocean Integrated Trauma Center at **Ocean Mental Health Services** was developed in direct response to the effects and trauma the COVID-19 pandemic is placing on our frontline workers, healthcare professionals, first responders, and the individuals and families who have suffered an impact and loss. The development of Ocean Integrated Trauma Center was made possible through a grant to OceanMHS by the New Jersey Pandemic Relief Fund.

<http://www.oceanresourcenet.org/news-events/news/oceanmhs-launches-ocean-integrated-trauma-center/>

Aurora Mental Health Center Offers Counseling to Students

Counseling services are offered in person and virtually during the school year.

<https://www.9news.com/video/entertainment/television/programs/colorado-and-company/aurora-mental-health-center-september15/73-1c7c78f7-2ce3-465e-b5c9-dbbdb3f3b523>

INDUSTRY NEWS

How 6 health systems are personalizing patient experience for baby boomers, millennials and Gen Z

With multiple generations involved in the healthcare system, hospitals are finding new ways to transform patient experience and offering different technology initiatives to accommodate baby boomers, millennials and Gen Z's expectations.

<https://www.beckershospitalreview.com/consumerism/how-6-health-systems-are-personalizing-patient-experience-for-baby-boomers-millennials-and-gen-z.html>

BUSINESS NEWS & LEADERSHIP ARTICLES

Careers in crisis: Developing employees despite the chaos

GRACE, or growth, relationship, agility, creativity and equity, offers a way to think about and remember the elements essential to career development now.

https://www.smartbrief.com/original/2020/09/careers-crisis-developing-employees-despite-chaos?utm_source=brief

Embracing the Rule of Awkward Silence

As I've described previously, the rule of awkward silence is simple: When faced with a challenging question, instead of answering, you pause and think deeply about how you want to answer. This is no short pause; rather, it involves taking several seconds (10, 20, or longer) to think things through before responding.

https://www.inc.com/justin-bariso/intelligent-minds-like-tim-cook-jeff-bezos-embrace-rule-of-awkward-silence-you-should-too.html?utm_source=pocket-newtab

Past issues of this publication are available online at: <https://mhca.com/about-us/member-news>

NOTE: If we missed a recent (past 2 weeks) news article about your organization, please send the [link](#) to Lonnie Parizek at lparizek@mhca.com to be included in our next issue. Have something to report that wasn't covered in your local news? We'd love to hear all about it and link to the news on your website! If you can't wait to read the latest news, follow [@mhca](#) on Twitter where we post these articles and many others daily.

We try to find articles and opinion pieces we think will be of interest to our members. Sometimes those who receive these e-mails may feel an article or opinion is not accurate based on its use of data or because it is not aligned with their views. mhca does not endorse any article it sends out as we try to rapidly share relevant industry information.

mhca

1876 Eider Court, Suite A
Tallahassee, FL 32308

TEL: (850) 942-4900

If you don't want to get similar messages from us in the future, you can Unsubscribe or Opt-Out by clicking the following link:

https://mhca.com/index.php?option=com_civicrm&task=civicrm/mailling/unsubscribe&reset=1&jid=&qid=&h=