



Bi-Weekly Bulletin for October 3, 2019

MEMBER NEWS

Good and Exciting Things are Happening at Sound

Community Psychiatric Clinic and Sound, two providers of mental health and addiction treatment services in King County for more than 50 years, announced today their intent to combine operations to form a new, larger provider under the Sound name and brand. Patrick Evans, Sound's President & CEO, will oversee the new organization in the same role.

<https://www.sound.health/blog/2019/04/16/community-psychiatric-clinic-and-sound-combine-organizations/>

Meridian Board Announces Don Savoie as Next President and CEO: Effective January 1, 2020

Don Savoie, the next President and CEO of Meridian is enthusiastic about the future and said, "What I am most excited about is the changing awareness and public discussion as it relates to mental health and substance use disorders as "healthcare".

<https://www.mbhci.org/meridian-board-announces-don-savoie-as-next-president-and-ceo-effective-january-1-2020/>

Latinos face language barrier, cultural stigmas when seeking mental health treatment

One of **Wasatch Mental Health's** clinics didn't think it had any clients who spoke Spanish. Then it hired someone who knew the language, and the people started rolling in.

https://www.standard.net/news/health-care/latinos-face-language-barrier-cultural-stigmas-when-seeking-mental-health/article_7cc6ae9c-a941-5318-94fb-7efc084344d7.html

Zepf Center receives grant for behavioral health

The Zepf Center in Toledo was recently awarded a \$900,000 grant to help train paraprofessionals in the behavioral health-care field.

<https://www.toledoblade.com/local/city/2019/09/19/toledo-zepf-center-receives-behavioral-health-grant-human-services/stories/20190919140>

Spectrum Healthcare Group to Operate New Site in Prescott

The WellCare Community Foundation has donated \$250,000 to Kids Aid, Inc., an Arizona-based nonprofit. Kids Aid will disperse the funds to Spectrum Healthcare Group for the expansion of an integrated health clinic, including whole-person behavioral health services and wellness services in Western Yavapai County.

<https://www.prnewswire.com/news-releases/wellcare-donates-250-000-to-support-expansion-of-new-integrated-health-clinic-in-western-yavapai-county-300928275.html>

Fighting the stereotype against men with mental health issues

Mental health is something many people are often afraid to talk about, especially men, according to one of **Burrell Behavioral Health's** counselors.

<https://www.ozarksfirst.com/local-news/fighting-the-stereotype-against-men-with-mental-health-issues/>

RVBH offers free training to faith-based community

"We recognize the faith-based community is an important partner," said Wanda Figueroa, RVBH president and CEO. "We want to be a resource to them. We want to create a community of oneness."

https://www.messenger-inquirer.com/news/local/rivervalley-behavioral-health-offers-training-assistance-to-faith-based-community/article_5e8b8f20-25c7-50ef-b8ad-a084e4c196f7.html

Burrell Behavioral Health to host Youth Mental Health Conference

"Youth Mental Health: A Whole-School Approach" is geared toward teachers, school administrators, behavioral health professionals, public policy makers, civic leaders and the medical and law enforcement communities.

https://marshfieldmail.com/burrell-behavioral-health-to-host-youth-mental-health-conference/article_ea4a2730-dfdf-11e9-a473-3753be97e887.html

Chestnut Health Systems Part of Wraparound Center Services at Trewyn Middle School

"The wisdom is in the room. We don't have to go someplace else because the wisdom is already here," Stratton said to a group of about 30 workers representing a slew of the services offered at the Wraparound Center. "This is a model for what we can do for our young people."

<https://www.pjstar.com/news/20190930/walkabout-at-wraparound-It-gov-tours-services-center-at-peoria-school>

INDUSTRY NEWS

University Professors talk using AI technology for bipolar disorder

Emily Mower Provost, associate professor of computer science and electrical engineering, and Melvin McInnis, professor of bipolar disorder and depression, are working together to develop computational methods for measuring mood symptom severity in bipolar disorder. McInnis is the director of the Heinz C. Prechter Bipolar Research Program, and Provost is a member.

<https://www.michigandaily.com/section/research/university-professors-talk-using-ai-technology-bipolar-disorder>

Could psychedelics be the answer to chronic mental health issues?

After years of re-establishing the groundwork in the research of psychedelics, Johns Hopkins University School of Medicine opened The Center for Psychedelic & Consciousness Research to test the effectiveness of magic mushrooms and other psychedelic drugs to treat mental illness and addiction.

<https://www.dailycardinal.com/article/2019/09/could-psychedelics-be-the-answer-to-chronic-mental-health-issues>

Physician viewpoint: AI should not be used to find behavioral health services

Provider-matching algorithms are often inherently biased and will therefore automatically pair a patient with a therapist with similar demographic qualities — regardless of how suited they are to meet the patient's healthcare needs.

<https://www.beckershospitalreview.com/consumerism/physician-viewpoint-ai-should-not-be-used-to-find-behavioral-health-services.html>

Even mental health professionals struggle with stigma after losing loved ones to suicide

The stigma can be suffocating to those grappling with the loss, confusion and sudden isolation that come with death by suicide.

<https://www.jacksonsun.com/story/news/local/2019/09/26/suicide-stigma-support-group-grief-mental-health/2438893001/>

BUSINESS & LEADERSHIP ARTICLES

THREE SIMPLE WAYS TO TAKE THE BIG PICTURE PERSPECTIVE

You can be so busy doing things, you don't see what needs to be done.

<https://eblingroup.com/blog/take-the-big-picture-perspective/>

Go ahead and tell your most embarrassing story. It will boost your creativity

New research shows that sharing your most cringeworthy moments with coworkers enhances individual and team creativity.

<https://www.fastcompany.com/90406432/go-ahead-and-tell-your-most-embarrassing-story-it-will-boost-your-creativity>

NOTE: If we missed a recent (past 2 weeks) news article about your organization, please send the link to Lonnie Parizek at lparizek@mhca.com to be included in our next issue. Have something to report that wasn't covered in your local news? We'd love to hear all about it and link to news on your website! If you can't wait 2 weeks to read the latest news, follow [@mhca](https://twitter.com/mhca) on Twitter where we post these articles and many others daily.

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