

## Bi-Weekly Bulletin for August 22, 2019

### MEMBER NEWS

#### **How El Paso Is Tackling Mental Health Stigma After the Walmart Mass Shooting**

On the day of the shooting and in the days since, Emergence Health Network's (EHN) 24-hour crisis hotline, 915-779-1800, has received nearly double the amount of calls it usually receives on an average week. One clinician tells TIME calls from her clients have gone up 30% since the shooting.

<https://time.com/5650181/el-paso-mental-health-shooting/>

#### **White House Advisor Commends Chestnut Addiction Treatment Program**

A senior official with the White House Office of National Drug Control Policy visited Bloomington's Chestnut Health Systems on Monday to gain insight on how addiction treatment is covering rural residents.

<https://www.wglt.org/post/white-house-advisor-commends-chestnut-addiction-treatment-program#stream/0>

#### **Mental Health Center of Denver Is Using VR Technology to Bridge the Care Gap in Behavioral Health**

Making the process of treatment more immersive with VR can distract patients from some of the fear they may feel about facing difficult feelings that arise during therapy.

<https://www.idigitalhealth.com/news/mental-health-center-denver-virtual-reality-care-gap-behavioral-health>

#### **2019 Men of the Year: C.J. Davis, Burrell Behavioral Health**

C.J. Davis says no one person, even the captain, sails the ship. Standing as president and CEO at the helm of his ship, Burrell Behavioral Health, Davis works hard to ensure his staff and those seeking assistance at the organization know they belong.

<https://sbj.net/stories/2019-men-of-the-year-cj-davis,65069>

#### **Pathways offers mental health first aid for youth training**

Pathways, Inc. and the Tri-County Kentucky Agency for Substance Abuse Policy (KY- ASAP) Local Board are partnering to offer Mental Health First Aid for Youth training, Thursday, Aug. 22, from 8:30 a.m. to 4:30 p.m., at the Rowan County Health Department, located at 730 West Main Street.

[https://www.themoreheadnews.com/news/pathways-offers-mental-health-first-aid-for-youth-training/article\\_4e024512-be95-11e9-b5b9-eb539a05cdfc.html](https://www.themoreheadnews.com/news/pathways-offers-mental-health-first-aid-for-youth-training/article_4e024512-be95-11e9-b5b9-eb539a05cdfc.html)

### **Integrating care: South Jersey organizations hope merger gives them added reach, greater impact**

After nearly two years in the making, **Robins' Nest Inc.** in Glassboro, **Cape Counseling Services** in Middle Township and **NewPoint Behavioral Health Care** in Woodbury announced this month the completion of a merger to become **ACENDA Integrated Health** in Glassboro, a nearly \$58 million leader in community-based services.

<http://www.roi-nj.com/2019/08/12/healthcare/integrating-care-south-jersey-organizations-hope-merger-gives-them-added-reach-greater-impact/>

## **INDUSTRY NEWS**

### **Police, not counselors, respond when suicidal teens call Safe2Tell for help. Utah may have a better way.**

A state lawmaker and experts are looking at how to streamline Safe2Tell and the Colorado Crisis Services line to improve response

<https://coloradosun.com/2019/08/20/police-not-counselors-respond-when-suicidal-teens-call-safe2tell-for-help-utah-may-have-a-better-way/>

### **VA releases free mobile app to streamline health care access for Veterans and caregivers**

VA Launchpad for Veterans is a new mobile app that simplifies and organizes several existing tools and resources into one convenient location to help manage health care needs.

<https://www.blogs.va.gov/VAntage/64899/va-releases-launchpad-app-streamline-health-care-access-veterans-caregivers/>

### **Researchers Examine Altitude's Role In Depression And Suicide**

Researchers think the mountains, with a lack of oxygen at high altitude, could be interfering with people's mental health.

<https://www.npr.org/2019/08/19/752292543/researchers-examine-altitudes-role-in-depression-and-suicide>

## **BUSINESS NEWS & LEADERSHIP ARTICLES**

### **Drive Innovation by Disrupting the Existing Management Norms**

The process of disruptive innovation requires the capacity to embrace failure, take risky small bets, and quickly learn if something doesn't work.

<https://innovationmanagement.se/2019/08/19/drive-innovation-by-disrupting-the-existing-management-norms/>

### **Pause to Lead Better – The 24 Hour Rule**

As leaders, we can only control one thing: how we respond and react to other people.

<https://www.skipprichard.com/pause-to-lead-better/>

### **Your truth as a leader lies within you**

The River exercise will help you build a collection of stories to connect, engage, motivate, and influence others, as well as reflect on your life experiences to discover moments where your experiences have influenced the things that are important to you.

<https://thriveglobal.com/stories/your-truth-as-a-leader-lies-within-you/>

**NOTE: If we missed a recent (past 2 weeks) news article about your organization, please send the link to Lonnie Parizek at [lparizek@mhca.com](mailto:lparizek@mhca.com) to be included in our next issue. Have something to report that wasn't covered in your local news? We'd love to hear all about it and link to news on your website! If you can't wait 2 weeks to read the latest news, follow [@mhca](#) on Twitter where we post these articles and many others daily.**

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