

Bi-Weekly Bulletin for April 4, 2019

MEMBER NEWS

New, all-female leadership team grew up with mental health agency

Having an all-female executive team isn't new for Comprehensive Behavioral Healthcare — in fact, it's the history of the company coming full circle. Susan Devlin, who was just named executive director after Peter Scerbo stepped down after 49 years, said one of the founding women of the agency noted that, in celebrating its 50th anniversary this year, the agency has returned to its roots of being run by all women.

<http://www.roi-nj.com/2019/04/02/healthcare/new-all-female-leadership-triumvirate-grew-up-with-mental-health-agency/>

Cape Counseling Services to Merge with Robins' Nest, NewPoint Behavioral Health Care This Summer

Robins' Nest Inc., Cape Counseling Services, and NewPoint Behavioral Health Care announced in an April 2 release that they will be merging into one organization under a new name effective July 1, 2019.

https://www.capemaycountyherald.com/news/article_a99dafd6-5556-11e9-a044-7b3b8fdb3fd7.html

How Lakeview's Mobile Response Team stops mental health emergencies before they start

With the MRT, "We can go in and do that same assessment in a friendlier place ... It can be much more comfortable — you sit down at your kitchen table and just have a conversation."

<https://www.pnj.com/story/news/2019/04/02/lakeview-center-mobile-response-team-brings-mental-health-help-you/3286904002/>

Terros Health helps open two health centers in high-needs areas

As part of a first-in-the-nation program, Terros Health and Maricopa County Adult Probation (MCAPD) opened two integrated health centers in high needs areas of the Valley to improve probationers' access to care and reduce the recidivism rate.

<https://azbigmedia.com/terros-health-helps-open-two-health-centers-in-high-needs-areas/>

Centerstone Launching Program for Children Diagnosed with Autism Spectrum Disorder

Centerstone Autism Services: Think! Learn! Explore! (CASTLE) is an intensive, evidence-based therapy program in Carterville, Illinois, for children ages 2-5 who have been diagnosed with autism spectrum disorder.

<https://www.behavioral.net/news-item/centerstone-launching-program-children-diagnosed-autism-spectrum-disorder>

Northern Arizona Healthcare, Spectrum partner for behavioral health

To create a system that helps people before they are in crisis, Spectrum Healthcare and Northern Arizona Healthcare are partnering to support each other in providing comprehensive care to our Verde Valley communities.

<https://www.verdenews.com/news/2019/mar/16/northern-arizona-healthcare-spectrum-partner-behav/>

Spindletop program extends to Hardin

Hardin County joins the Jefferson, Chambers and Orange County Sheriff's Offices and Beaumont Police Department in partnering with Spindletop Center to identify, engage and provide services to individuals who have been diagnosed with serious and persistent mental illnesses and who have had frequent encounters with local law enforcement.

<https://www.panews.com/2019/03/18/spindletop-program-extends-to-hardin/>

High Plains Mental Health Center named exemplary workplace for third year

High Plains Mental Health Center has been recognized on a national level as an exemplary workplace environment for achieving high levels of staff satisfaction.

<https://www.hayspost.com/2019/03/23/high-plains-mental-health-center-named-exemplary-workplace-for-third-year/>

Ribbon Cutting in Lake City

A ribbon cutting ceremony in partnership with the Lake City-Columbia County Chamber of Commerce, celebrating the improved Family Center at Williams Manor and new Primary Care Clinic, all on **Meridian's** Lake City campus.

<https://www.facebook.com/events/295315091151588/>

National Council for Behavioral Health Honors Leaders in Mental Health and Addiction

The National Council's Awards of Excellence celebrate leaders in behavioral health care for their ingenuity, hard work and dedication to improving the lives of those living with mental illness and addictions. Congratulations to **Terros Health** and **Tropical Texas Behavioral Health** on your recent awards!

<https://www.thenationalcouncil.org/press-releases/national-council-for-behavioral-health-honors-leaders-in-mental-health-and-addiction/>

INDUSTRY NEWS

Esketamine and psychedelics will require restructuring mental health care visits

In its approval of esketamine, the FDA overlooked one essential issue: while psychiatrists provide "talk therapy" and others dispense medications, it's almost unheard of for a doctor to dispense a psychiatric medication and supervise the reaction for up to two hours.

<https://www.statnews.com/2019/04/04/esketamine-psychedelics-restructure-mental-health-care/>

Study: Many Anti-Inflammatories Show Antidepressant Effect

"Increasing evidence indicates that inflammatory processes can cause and contribute to the development of depression or symptoms of depression," researchers explained. "Based on these observations, randomized clinical trials have explored whether anti-inflammatory agents may have antidepressant effects and if it can be used to improve antidepressant treatment as an add-on."

<https://www.psychcongress.com/article/study-many-anti-inflammatories-show-antidepressant-effect>

Biology may make certain PTSD patients unresponsive to behavioral therapy

Clinicians may be able to determine whether people with post-traumatic stress disorder will respond to psychotherapy by analyzing a key brain network and memory, according to Stanford researchers.

<http://med.stanford.edu/news/all-news/2019/04/biology-may-affect-ptsd-patients-response-to-therapy.html>

Blacks More Likely to Be Misdiagnosed with Schizophrenia

African-Americans with severe depression are more likely to be misdiagnosed with schizophrenia, according to a new Rutgers University study.

<https://washingtoninformer.com/blacks-more-likely-to-be-misdiagnosed-with-schizophrenia-study/>

When Going Digital Makes Health Care Harder

Logging on to schedule, access and review medical care holds great promise for maintaining and improving our collective health, improving efficiencies and reducing costs. As the system transitions to deliver more online access, though, people of all ages complain about digital health care portals and websites being confusing and needlessly complicated.

<https://www.forbes.com/sites/nextavenue/2019/03/15/when-going-digital-makes-health-care-harder/#255482a9340c>

Why The Promise Of Electronic Health Records Has Gone Unfulfilled

The digital revolution has gone awry, an investigation by Kaiser Health News and Fortune magazine has found.

https://www.npr.org/sections/health-shots/2019/03/18/704475396/why-the-promise-of-electronic-health-records-has-gone-unfulfilled?utm_campaign=storyshare&utm_source=facebook.com&utm_medium=social&fbclid=IwAR0en0evkyE4JffQfxZSKbHs81hTo9eH42YTC3PqD5guCI5xJZEI5r

UPS eyes in-home health services with U.S. vaccine project

The world's largest package delivery firm is preparing to test a U.S. service that dispatches nurses to vaccinate adults in their homes, Reuters has learned, as the company and its healthcare clients work to fend off cost pressures and competitive threats from Amazon.com.

<https://www.reuters.com/article/us-ups-healthcare-focus/ups-eyes-in-home-health-services-with-u-s-vaccine-project-idUSKCN1R30EC>

The Impact of Immersive Design on Mental Health

Janet Wilmoth interviews Architect Paul Erickson, FAIA, LeMay Erickson Willcox Architects, about the concept of immersive design and how it can impact firefighter mental health.

<https://www.firehouse.com/stations/building-components/article/21073137/the-impact-of-immersive-design-on-mental-health>

Centene to Purchase WellCare in \$17.3B Payer Consolidation Deal

Centene Corporation and WellCare Health Plans will combine to produce a single company dominating the managed care payer space.

<https://healthpayerintelligence.com/news/centene-to-purchase-wellcare-in-17.3b-payer-consolidation-deal>

BCBSA Data Analytics Reveal Shifts in Behavioral, Mental Health

The nation's behavioral and mental health patterns are changing rapidly as patients and providers change their responses to issues such as depression, ADHD, and pain management, reveals large-scale data analytics from the Blue Cross Blue Shield Association (BCBSA).

<https://healthitanalytics.com/news/bcbsa-data-analytics-reveal-shifts-in-behavioral-mental-health>

Narcan now available in Las Vegas vending machines

"There are numerous kits inside those machines," she said. "The main goal of them was to be dispensing clean syringes for people who are engaging in intravenous or intra-muscular drug use."

<https://www.ktnv.com/news/narcan-now-available-in-las-vegas-vending-machines>

BUSINESS NEWS

Keep best practices from becoming limitations for you and your team

Established businesses rely on so-called best practices to retain their market share by limiting risk, but what happens when an established practice isn't actually the best way to solve a problem?

<https://www.smartbrief.com/original/2019/03/keep-best-practices-becoming-limitations-you-and-your-team>

5 keys to unlock innovation

Most companies realize they must innovate or be left behind. Easier said than done? Here's how

<https://www.london.edu/lbsr/5-keys-to-unlock-innovation>

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